

# Health Equity:

## Overview of Thurston County Data By Race and Ethnicity



**Thurston Thrives Coordinating Council**  
October 19, 2020

# Time Today

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- Terms
- Local Data
- Next Steps



# Race and Ethnicity

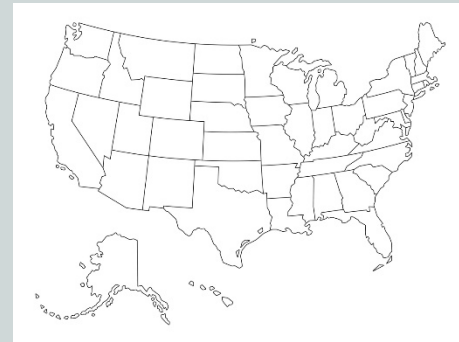
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- Official Government Categories for Race (6)

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White
- Two or More

- Official Government Categories for Ethnicity (2)

- Hispanic or Latino
- Non-Hispanic



# Racism

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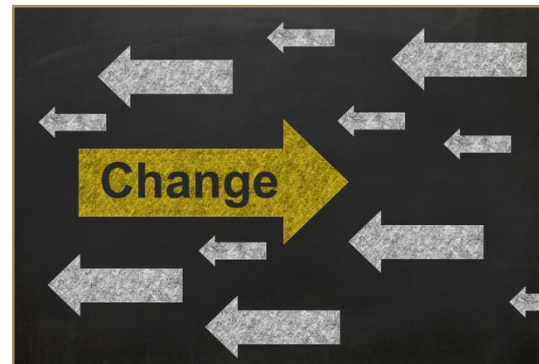
**A system of structuring opportunity and assigning value based on the social interpretation of how one looks (race)**



# Health Equity

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**Commitment to a course of action that reduces, and ultimately eliminates, health disparities so that optimal health for ALL is possible**



# Public Health Implications

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- Physical Health
- Mental Health
- Child and Adolescent Development
- Chronic and Infectious Diseases
- Public Safety
- Housing
- Environment

# County Population

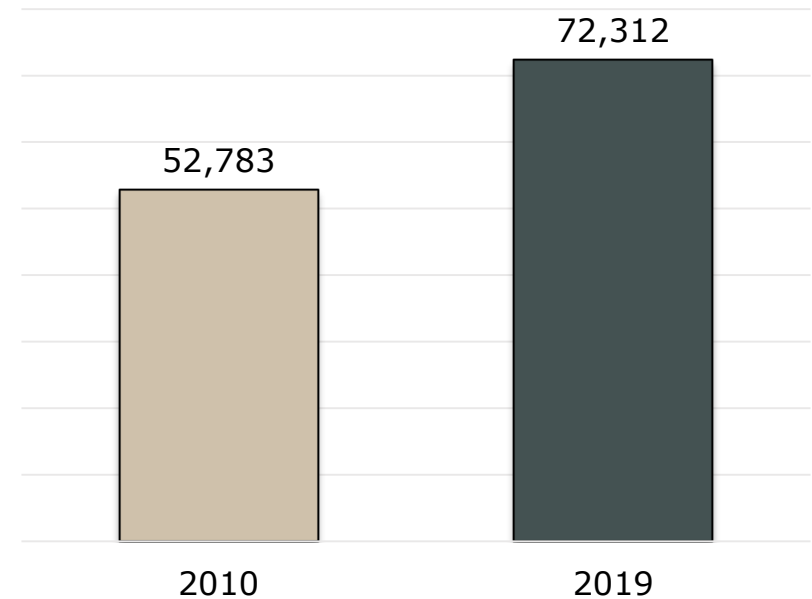
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## BIPOC

- BIPOC
  - Black
  - Indigenous
  - People of Color
- 1 in 4 county residents are BIPOC
  - 2010 = 21%
  - 2019 = 25%

## Population Totals

### BIPOC Residents, Thurston County 2010 and 2019



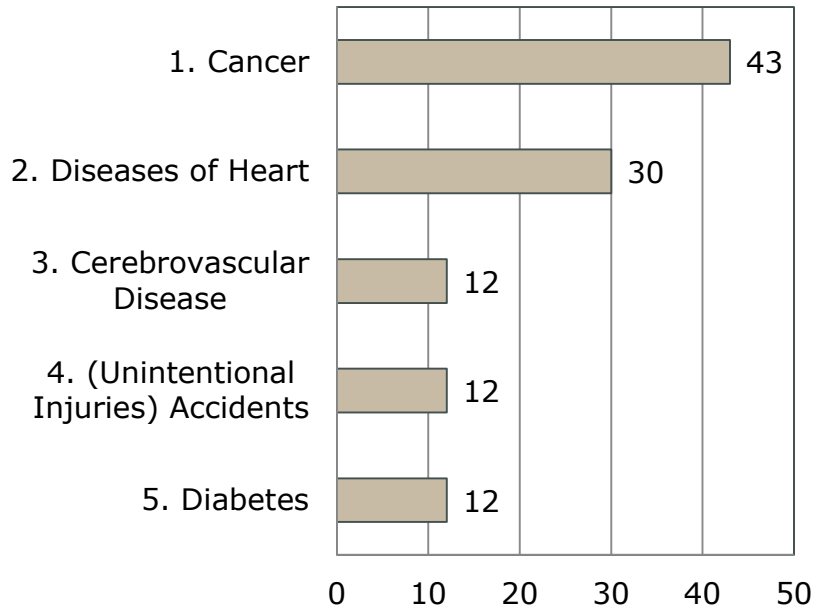
Data Source: Washington State Office of Financial Management

# Top 5 Causes of Death

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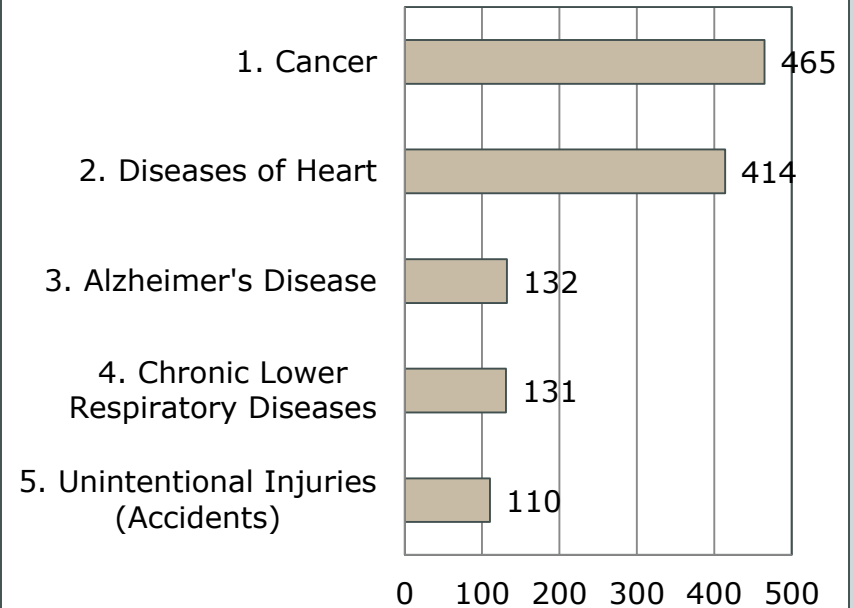
## BIPOC

**Average Deaths per Year,  
Thurston County**



## White

**Average Deaths per Year,  
Thurston County**



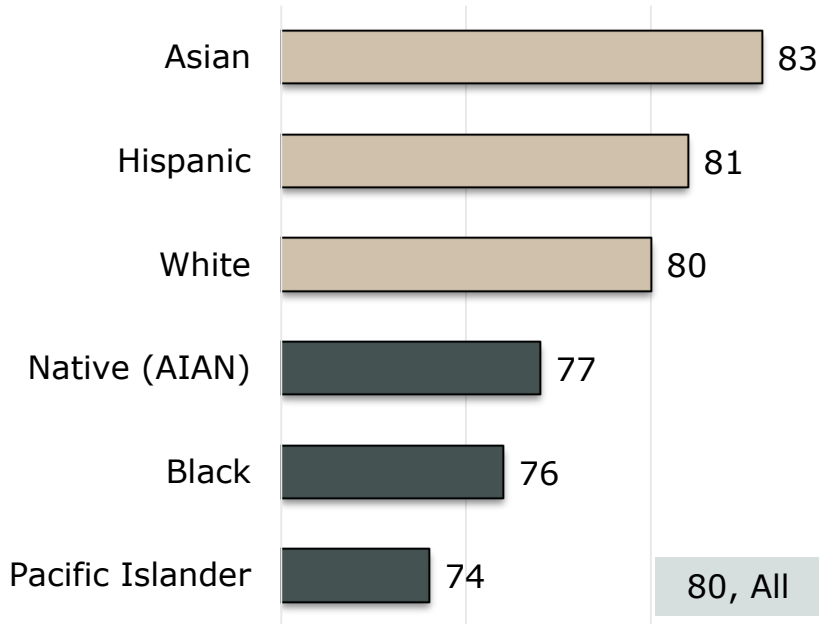
Source: Death Certificates 2014-2018



# Life Expectancy: Thurston County

## Disparities

**Life Expectancy, 2018**



Higher is better

**Equity Gap**

# County Health Rankings: 2020

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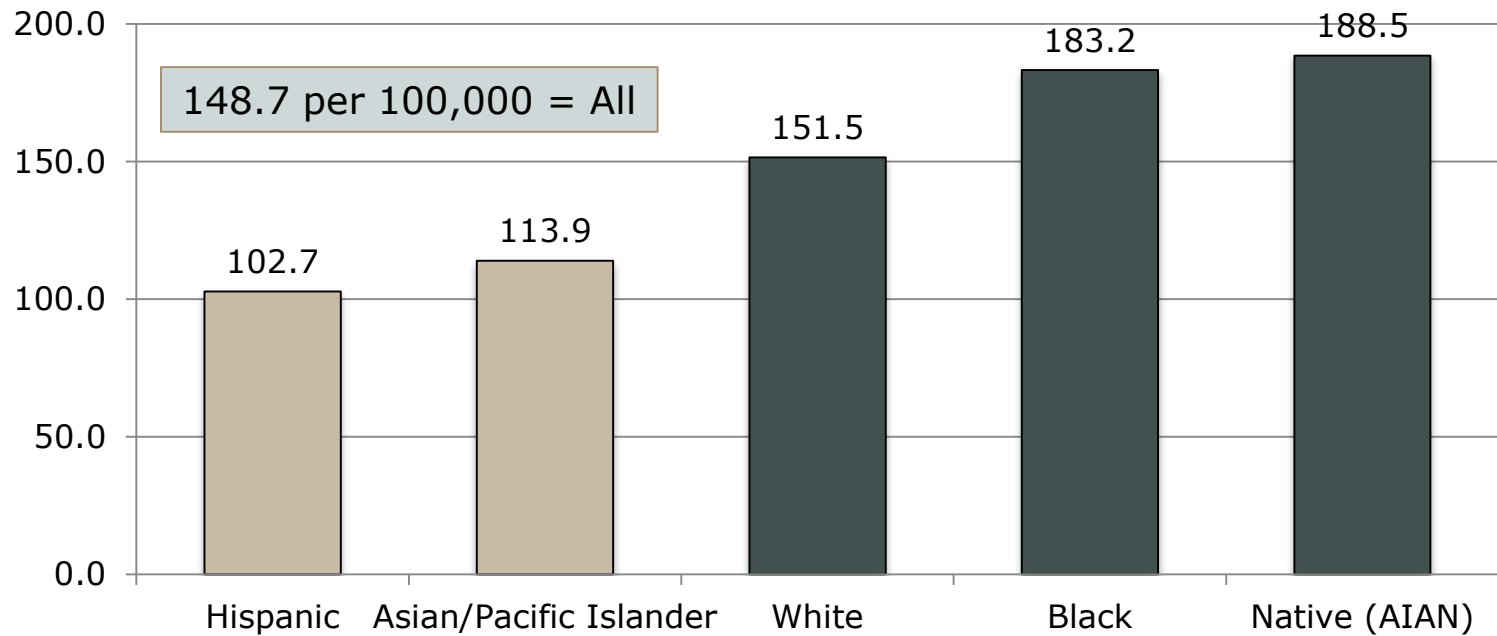


# Cancer Deaths: Thurston County

11

Lower is better

## Cancer Mortality Rate, Thurston County



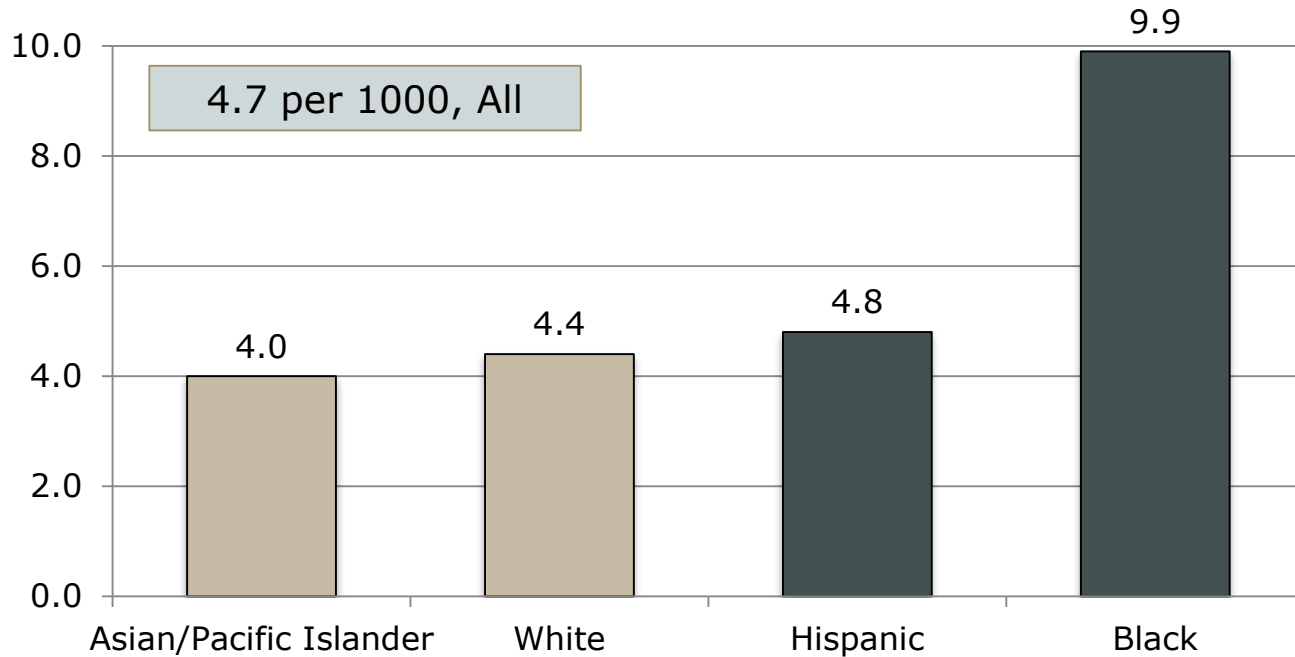
Data Source: Death Certificates 2014-2018

# Infant Mortality: Thurston County

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Lower is better

### Infant Mortality Rate, Thurston County

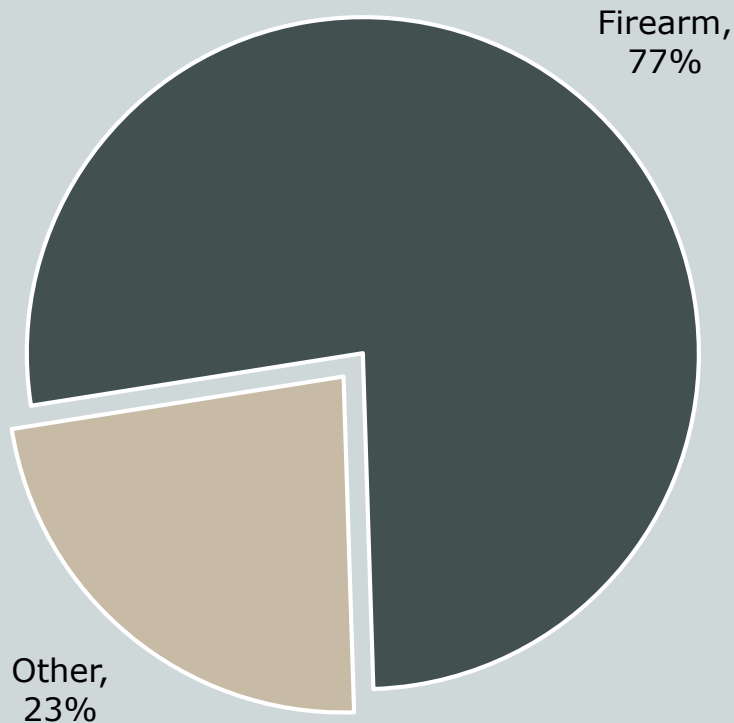


Data Source: Death Certificates 2014-2018

# Suicide Deaths: Thurston County

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## Suicide Deaths

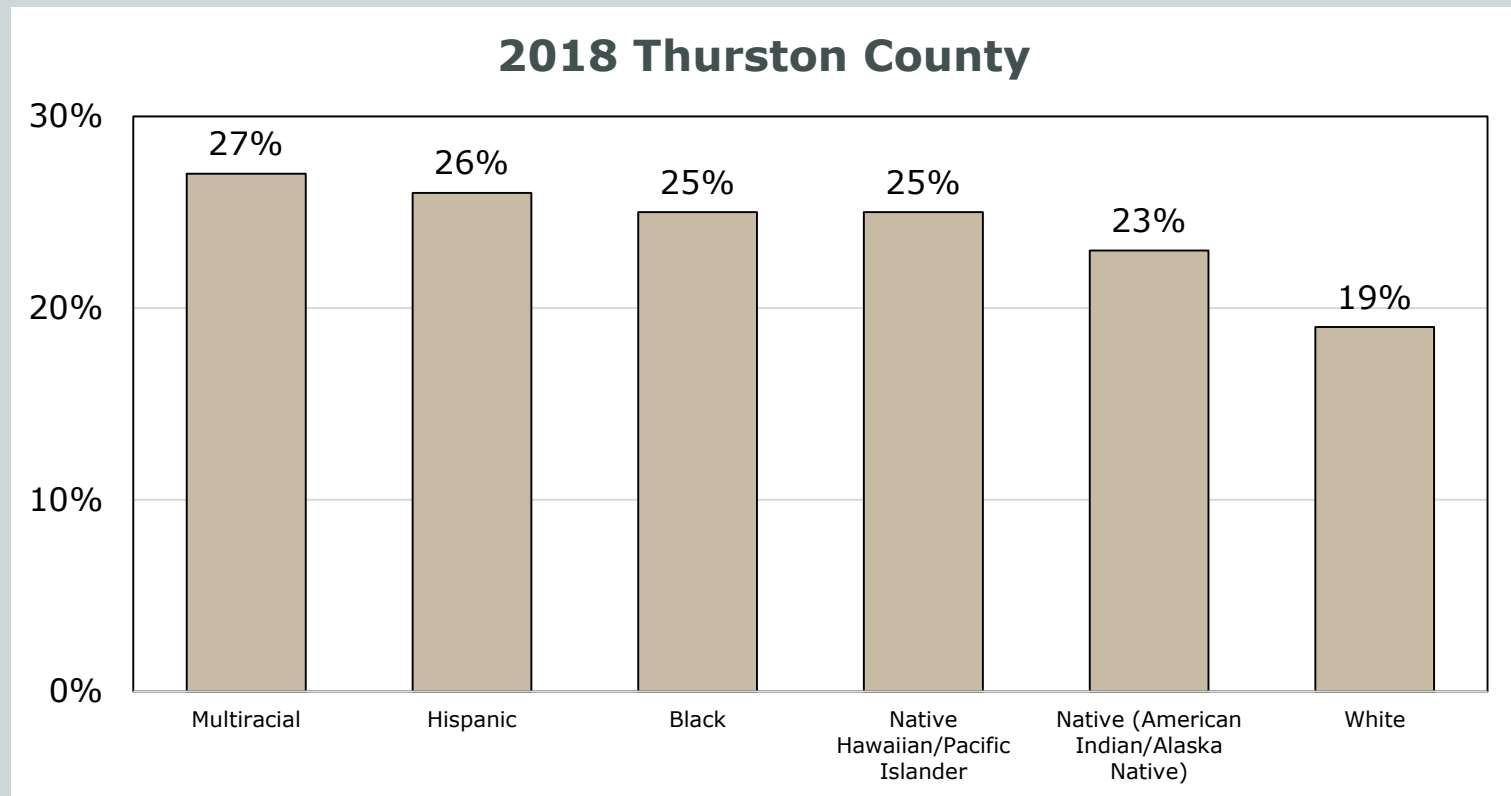


- January – July 2020
  - 31 deaths
    - ✦ 24 involved a firearm

# Considered Suicide: 8th Graders

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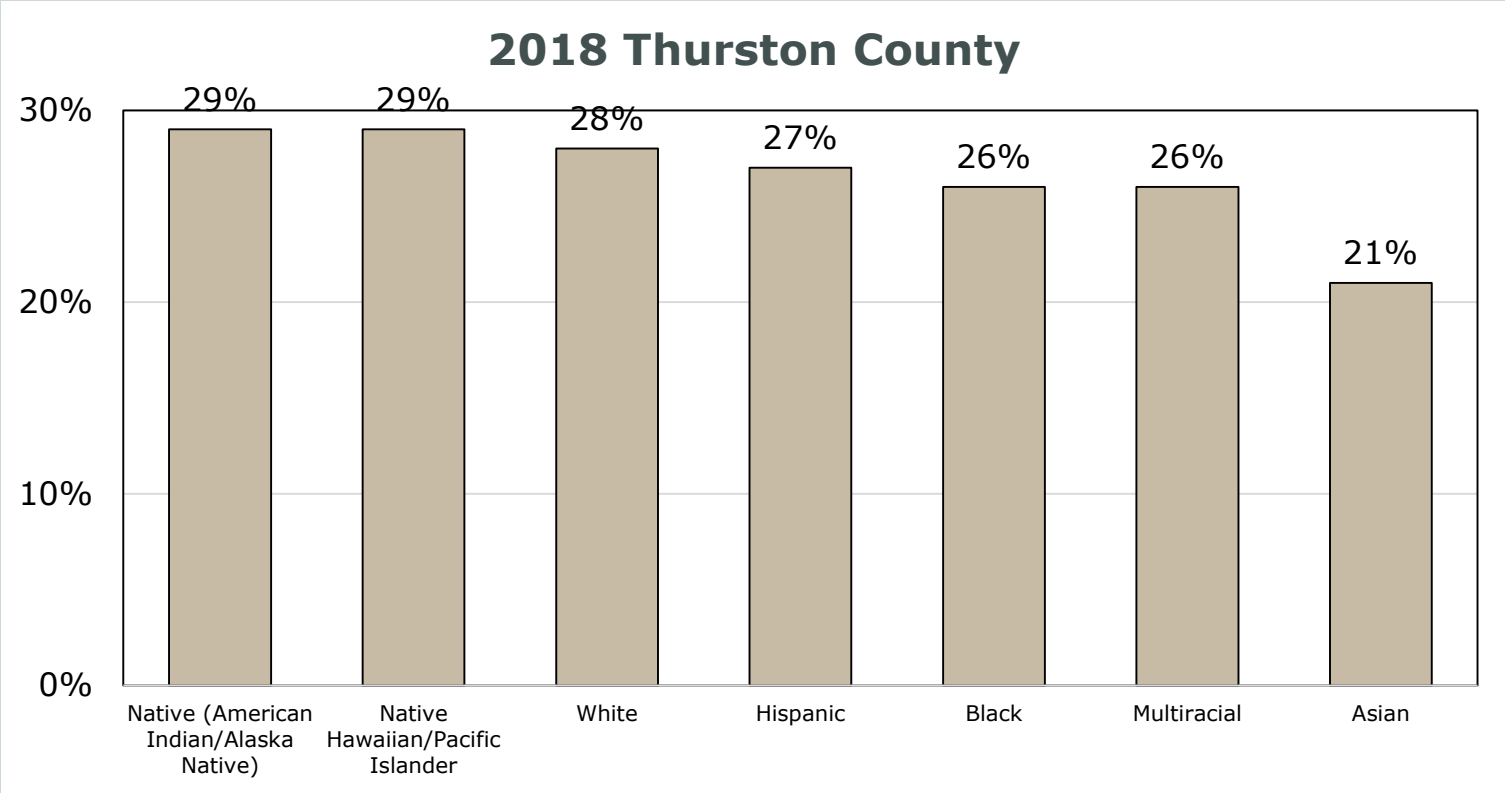
Lower is better



Data Source: Healthy Youth Survey 2018

# Bullied: 8th Graders

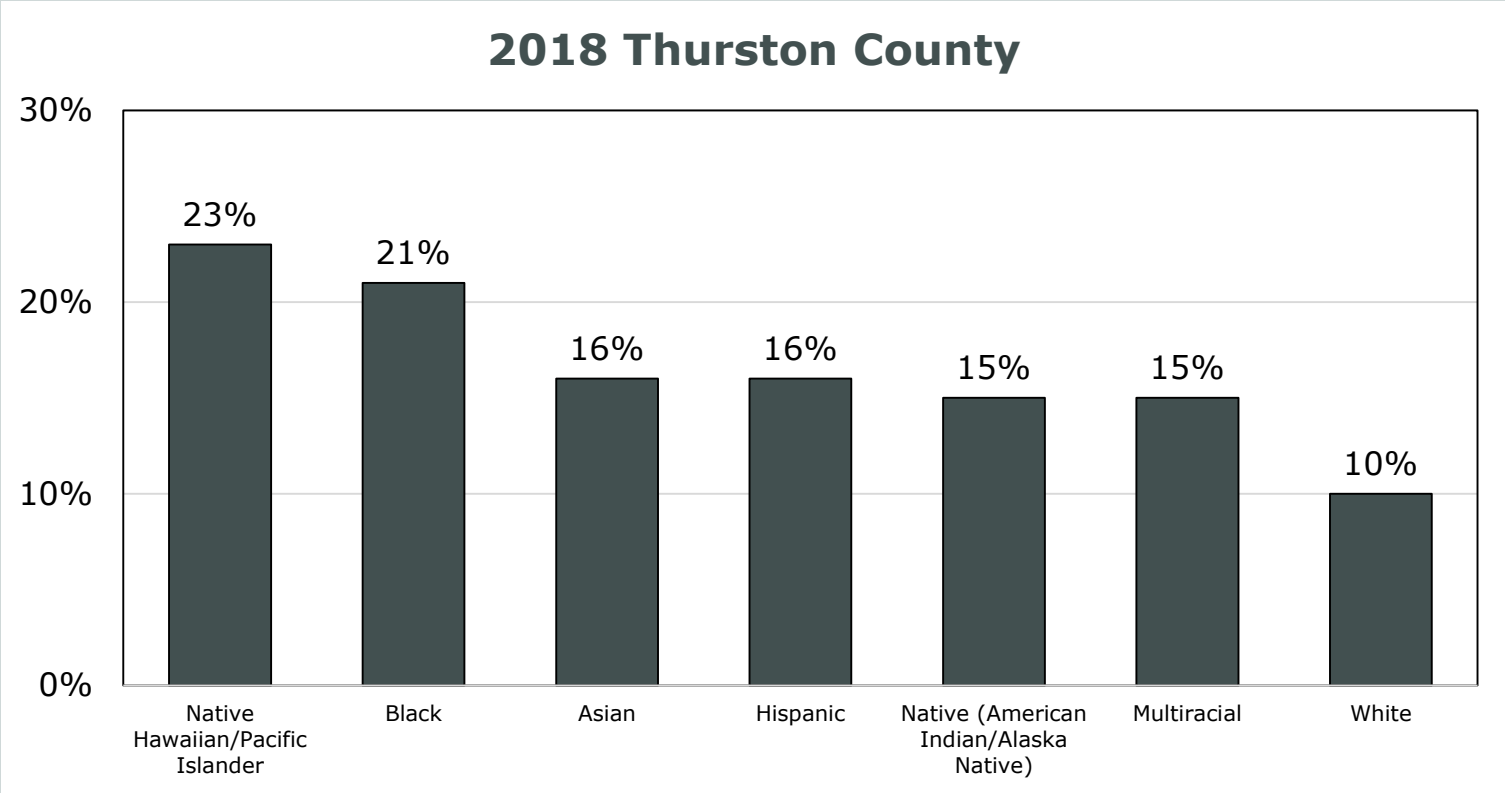
Lower is better



Data Source: Healthy Youth Survey 2018

# Harassed because of Race: 8th Graders

Lower is better



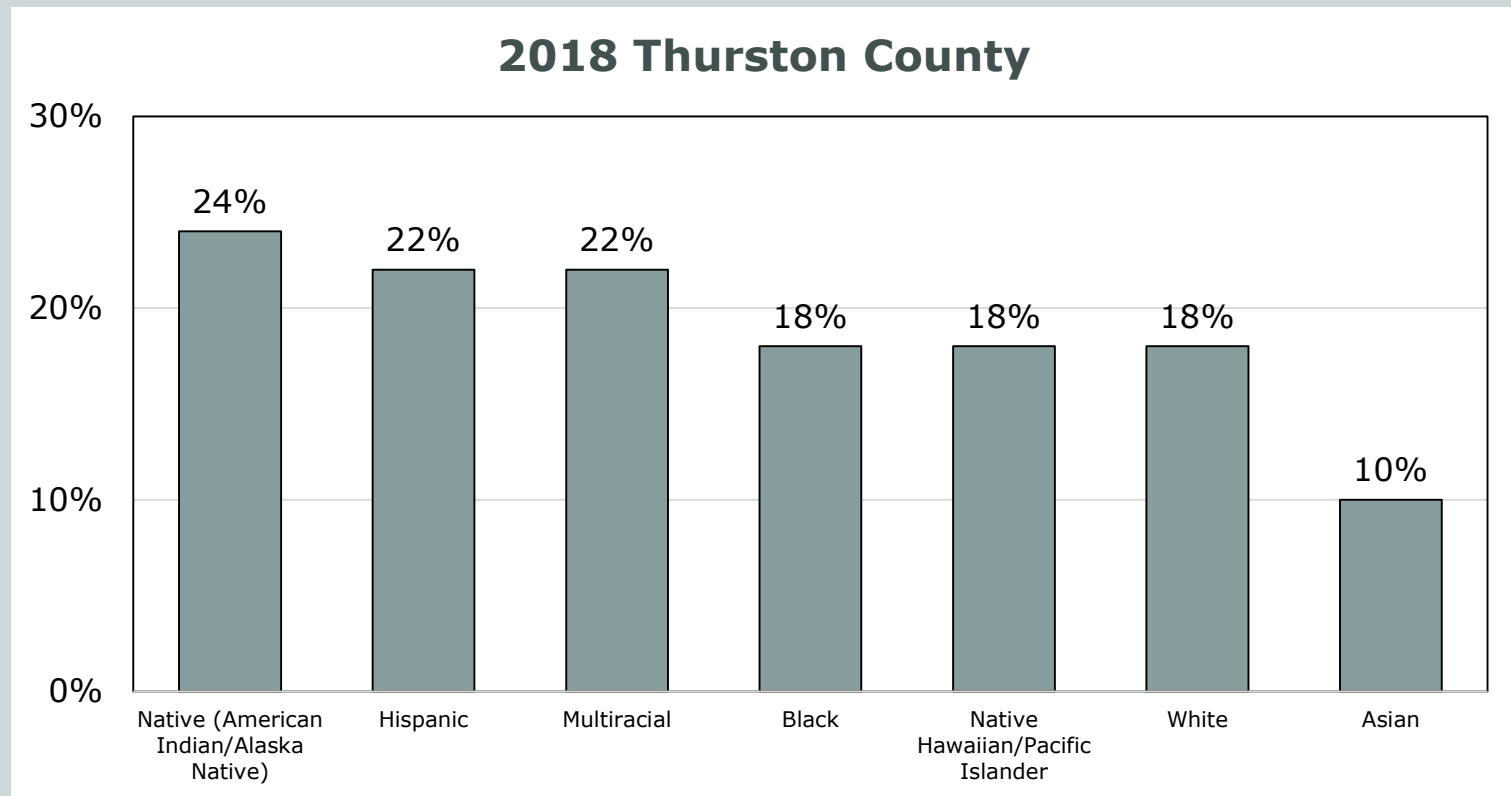
Data Source: Healthy Youth Survey 2018



# Alcohol Use: 10th Graders

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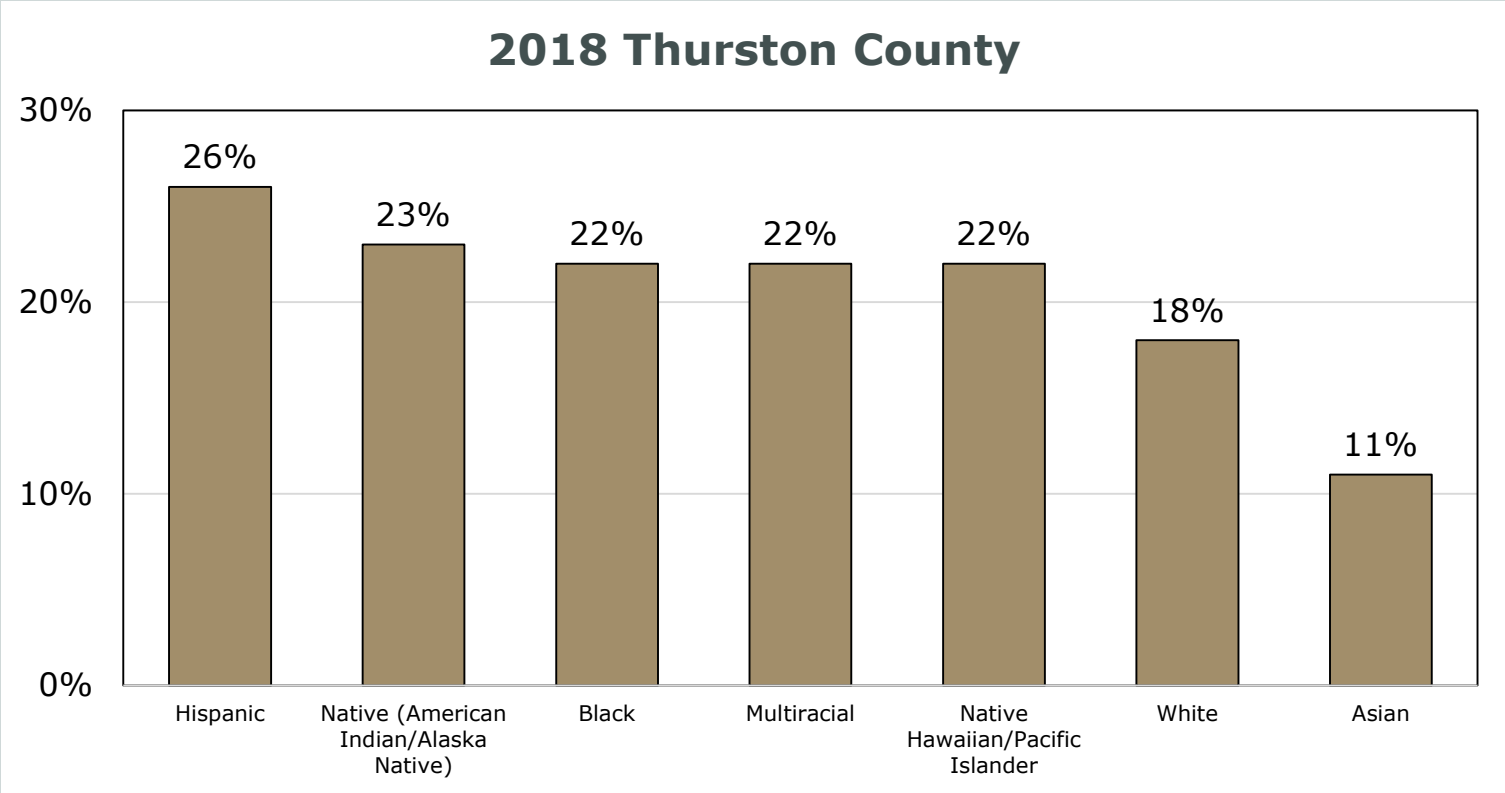
Lower is better



Data Source: Healthy Youth Survey 2018

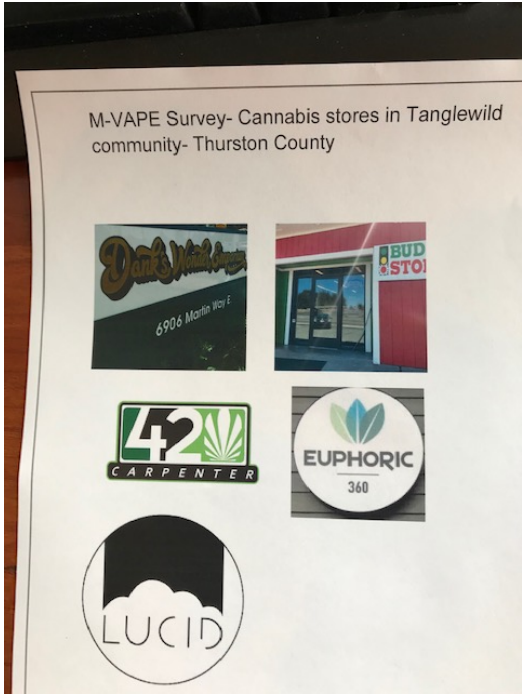
# Marijuana Use: 10th Graders

Lower is better



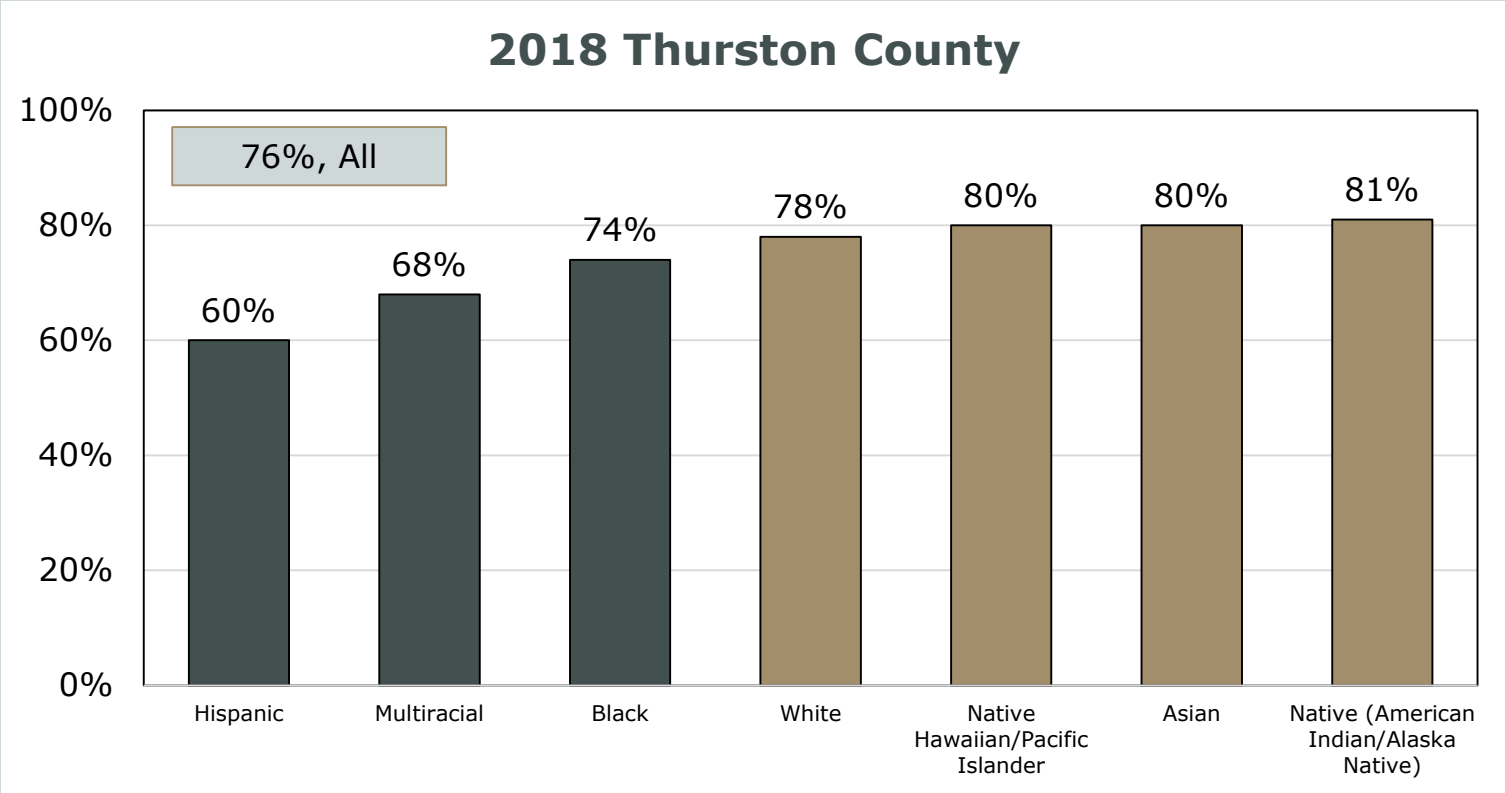
Data Source: Healthy Youth Survey 2018

# Neighborhood Scan



# Hopeful: 10th Graders

Higher is better



Data Source: Healthy Youth Survey 2018

# Equity Gap: Race and Ethnicity

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# Opportunities

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**What do we have? What do we need?**



# Data Strategy

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## Framework

- Promoting racial equity includes collecting and releasing data:
  - By race and ethnicity
  - About race, racism and health

## Questions

- 2021 Behavioral Risk Factor Surveillance Survey
  - In the last 12 months, how often have you been treated unfairly because of your race or ethnicity?
    - ✦ (if often, in what settings)

## More Information

- Questions? Requests?
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[mary.ann.ogarro@co.thurston.wa.us](mailto:mary.ann.ogarro@co.thurston.wa.us)



- Healthy Equity Webpage
  - <http://bit.ly/PHSSHealthEquity>